

## **Embodying Psychedelia**

Dr. Mario Alam will present RESET, a groundbreaking method that simulates psychedelic states through advanced somatic practices to deliver a profound, substance-free healing experience. RESET employs aspects of the Ground/Transform/Expand method to integrate physical, mental, and spiritual dimensions, facilitating deep personal growth and transformation.

- Option 1 – 1hr
  - Profound somatic experience
- Option 2 – 1.5hr
  - Profound somatic experience with short talk
- Option 3 – 2hrs
  - Profound somatic experience with short talk and group engagement

*Requirements:* mic, speakers, phone connectivity.

### **Who is the World Doctor?**

World Doctor, founded by Dr. Mario Alam, provides transformative health services focused on psychedelic medicine preparation, trauma healing, and holistic wellbeing. Dr. Alam's RESET Program offers a comprehensive approach through workshops, practitioner training, and retreats, serving as both a preparatory and integrative tool for supervised psychedelic therapy.

With 20 years of experience as a medical doctor and certifications in Psychedelic-Assisted Therapies, Psychosomatic Medicine, Neuro-Linguistics, and Nutritional Environmental Medicine, Dr. Alam integrates Western medical expertise with insights from spiritual leaders, shamans, and medical pioneers worldwide. Dr. Alam has lectured internationally and was appointed to the Advisory Board of Mind Medicine Australia in early 2021.

Additionally, Embodying Psychedelia is Australia's leading networking event for professionals in psychedelic embodiment organised annually by Dr. Alam and the World Doctor team. Designed for practitioners and visionaries, this transformative gathering showcases top experts in psychedelic healing. Attendees benefit from a curated program of talks and workshops that integrate scientific knowledge with ancient wisdom, somatic practices, and shamanic traditions.

For more information visit [www.worlddoctor.com](http://www.worlddoctor.com)